For this interview, my interviewer is my mother: Liu Xinyuan.

Here are records of my questions and my mother’s responses.

1. Is there any foods that leaves you the most memories?

Yuntun is my most favorite foods and gives me most emotion feelings.

2. Why Yuntun is special? Could you please give me some story of this foods?

Yuntun is one Chinese special foods. This is a Southern foods as well. Many families like to getting together and cook Yuntun. Yuntun has special meaning to me since when I was young, this food is usually cook and prepared by my mother and as a little girl, I like to cook Yuntun with my mother and this is consider a family foods.

3. What is Yuntun? Could you please give more details?

Yuntun is like dumplines, need to prepare some noodle, hot soup and dumplings, cooking all together. The whole making process is very complex and takes a lot of time. The dumpling making process is complex as well.

4. Why it is consider family foods?

It is considered as family foods since it contains both noodles, dumpling and hot soups, we can put vegetables, shrimps and even meat inside of the soup. The combination is like a family getting together. Also, the Yuntun making process is complex, usually takes a lot of time to prepare. For a family, people will getting together and help cook, so this food is considered as a family food for me.

5. Do you think this food is connected with food culture?

Yes, Yuntun is Chinese special foods and hardly to find in other countries. So I would think this is a typical Chinese foods and contains special food culture. Dumplings making process usually require a lot of steps and involve people to participate in cooking it. So I would think this food is a food that represent a local culture values.

6. Is this food related to any nutrition, health or wellness?

Yuntun is a good foods and contains a lot of nutrition. The hot soup is usually boiled with bones and contains a lot of nutrition. People likely to put vegetables, meats in the Yuntun soup as well. So it gives a nutrition balance.