**Benadryl**

PSY 630 Psychopharmacology

June 22, 2020

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Start the first paragraph here, which should introduce your reader to the subject you are writing about, as well as your particular position or claim. Do not label it “Introduction.” Instead, simply write your paper’s title as a level 1 heading: bold, centered, with title case. To learn more about what an introduction should include and what to include in a conclusion, please see the following resource: [Introductions & Conclusions](http://writingcenter.ashford.edu/introductions-conclusions). You can use this template to help you format your paper. For longer papers, include [level headings](http://writingcenter.ashford.edu/apa-style-elements).

**The Writing Process**

Spend time planning your paper. A good practice is to brainstorm ideas and decide how to express the main idea or thesis, this is part of [entering the scholarly conversation](http://writingcenter.ashford.edu/entering-conversation). Once you have a rough idea of what you want to discuss or argue, [create an outline](http://writingcenter.ashford.edu/outlining) or list to help you organize the evidence you plan to present.

**Writing the Body Paragraphs**

Each paragraph of your assignment should be clear and easy to follow. We have several good resources to help you write a strong paragraph, such as [How to Write a Good Paragraph](http://writingcenter.ashford.edu/body-paragraphs) page and the [Integrating Research](http://writingcenter.ashford.edu/integrating-research) page.

**Level 2 Heading (Bold, Flush Left, Title Case)**

[Level headings](http://writingcenter.ashford.edu/apa-style-elements) can be placed anywhere in your paper as a way to classify or organize your paper into sections. There are five levels; the first three levels are more commonly used in graduate-level assignments, whereas levels four and five may be used in longer papers (e.g., dissertation). Use level 2 headings to break level 1 into categories, level 3 to break up level 2, and so on. Do not move to a lower level of heading if there is only one section. As a general rule, check with your instructor about formatting expectations.

***Level 3 Heading* (*Bold, Flush Left, Italic, Title Case)***

Likewise, to show your readers where the paragraph begins when using a level 3 heading would be a great idea.

**Level 4 Heading (Bold, Indented, Title Case).** In longer papers, you may use a level 4 heading to create even further subsections. In this case, note that the paragraph begins directly after a period on the same line as the level 4 heading. The level 5 headings follow the exact same conventions, only they would also be *italicized*.

**Using Citations Correctly**

In addition to being well-written, each paragraph should include an [in-text citation](http://writingcenter.ashford.edu/citing-within-your-paper) to all information [summarized, paraphrased, or quoted](http://writingcenter.ashford.edu/quoting-paraphrasing-summarizing) from outside sources. The Writing Center provides many resources to help you follow correct citation style and gives lessons and examples of how to paraphrase and cite sources. The [Introduction to APA 7th Edition](http://writingcenter.ashford.edu/introduction-apa) page is a good place to start.

**Using Tables, Graphs, Images, and Appendices**

For some papers and reports, you may choose to add a table, graph, or image

within the body of the draft. Or you may choose to include an appendix at the end of your paper. These can help to provide a visual representation of data or other information that you wish to relay to your reader. Follow [this guidance](http://writingcenter.ashford.edu/tables-images-appendices) to understand when and how to use these features.

**References**

Author's Last Name, Initials. (Publication Year). Title of article. *Title of Periodical, volume #*(issue #), pp–pp. http://doi:xx.xxxxxxxxxx

Author's Last Name, Initials. (Publication Year). Title of book. Location: Publisher.

Author's Last Name, Initials. (Publication Year). Title of digital book. http://www.xxxxxxx.xxxxxxxx

Author's Last Name, Initials. (Publication Year). Title of book with DOI. https://doi:xxxxxxx

Editor's Last Name, Initials. (Ed.). (Publication Year). Title of anthology. Location: Publisher.

Producer’s Last Name, Initials (Producer), & Director’s Last Name, Initials (Director). (Year). Title of motion picture [Motion picture]. Country of Origin: Studio.

\*\*For help formatting your reference page, please see our [Formatting Your References List](http://writingcenter.ashford.edu/format-your-reference-list) page.